



46th Annual Big Sky Retreat
“Free To Be!”
September 3-8, 2022

DATE	TIME	PROGRAM*
SATURDAY, SEPTEMBER 3	3:00pm-5:00pm	Registration, Check-In & Welcome Reception
	5:15pm-5:45pm	Newcomer's Orientation: Charles Geddes & Dawn Balogh
	6:30pm-7:45pm	Group Dinner
	8:15pm-9:15pm	Opening Session & Intention Setting: Charles Geddes & Ali Benjamin
SUNDAY, SEPTEMBER 4	7:45am-8:30am	Energize Your Day: Sue Dostal and Sandra Gail Pierson
	(Breakfast break)	
	9:30am-11:30am	Morning Program/Speaker: Michael Gott
	(Lunch break)	
	2:00pm-4:00pm	Workshops: Michele Wittington & Sheldon Deal
	(Dinner break)	
	8:15pm-9:15pm	Evening Program/Speaker: Orlinda Worthington
9:30pm-10:00pm	Evening Sound Bath: Donna Davis & Norma Anderson	
MONDAY, SEPTEMBER 5	7:45am-8:30am	Energize Your Day: Sue Dostal and Sandra Gail Pierson
	(Breakfast break)	
	9:30am-11:30am	Morning Program/Speaker: Amani Malaika
	12:00pm-1:30pm	Group Lunch
	2:00pm-4:00pm	Workshops: Sue Dostal/Sandra Gail Pierson & Lysa Allman-Baldwin
	(Dinner break)	
	8:15pm-9:15pm	Evening Program/Speaker: Donna Davis
9:30pm-10:00pm	Evening Sound Bath: Donna Davis & Norma Anderson	
TUESDAY, SEPTEMBER 6	7:45am-8:30am	Energize Your Day: Sue Dostal and Sandra Gail Pierson
	9:30am-8:00pm	FREE TIME!! (See the hotel concierge for activity options)
	8:15pm-9:15pm	Evening Program/Panel Discussion w/ Michael Gott, Amani Malaika, Charles Geddes, Ali Benjamin- Lead by Scott Olson
	9:30pm-10:00pm	Evening Sound Bath: Donna Davis & Norma Anderson
WEDNESDAY, SEPTEMBER 7	7:45am-8:30am	Energize Your Day: Sue Dostal and Sandra Gail Pierson
	(Breakfast break)	
	9:30am-11:30am	Morning Program: Michael Gott and Amani Malaika
	(Lunch break)	
	2:00pm-3:30pm	Free To Be! Sacred Ceremony: Ali Benjamin
	(Dinner break)	
7:00pm-9:30pm	Social Hour, Raffle Drawing and Music Gala	
THURSDAY, SEPTEMBER 8	8:00am-9:30am	Final Session: Group Breakfast & Closing

*Schedule subject to change without notice